

6.4 Nappy changing

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Changing areas are warm with safe areas to lay children.
- Each child has their nappies, nappy sacks, pull ups and changing wipes in their bag.
- Gloves and aprons are provided for staff to put on before changing starts and the areas are prepared. The changing mat is disinfected for each child.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- Children are encouraged to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Staff are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- Staff do not make inappropriate comments about children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and pull ups are disposed of hygienically. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home.
- A log is kept of all nappy changes as well as any clothing changes. The log records
 - Date & Time
 - Name of child
 - Was the nappy wet/dry/soiled etc.
 - Any comment e.g. any signs of rash or irritation.
 - Signature of member of staff who carried out the change

Reviewed 19/03/24